



NINE ENNEAGRAM TYPE DESCRIPTIONS

TYPE 1 - THE REFORMER

- The Rational, Idealistic Type: Principles, Purposeful, Self-Controlled, and Perfectionistic
- Ones are conscientious and ethical, with a strong sense of right and wrong. They are teachers, crusaders, and advocates for change: always striving to improve things, but afraid of making a mistake. Well-organized, orderly, and fastidious, they try to maintain high standards, but can slip into being critical and perfectionistic. They typically have problems with resentment and impatience. At their Best: wise, discerning, realistic, and noble. Can be morally heroic.

TYPE 2 - THE HELPER

- The Caring, Interpersonal Type: Demonstrative, Generous, People-Pleasing, and Possessive
- Twos are empathetic, sincere, and warm-hearted. They are friendly, generous, and self-sacrificing, but can also be sentimental, flattering, and people-pleasing. They are well-meaning and driven to be close to others, but can slip into doing things for others in order to be needed. They typically have problems with possessiveness and with acknowledging their own needs. At their Best: unselfish and altruistic, they have unconditional love for others.

TYPE 3 - THE ACHIEVER

- The Success-Oriented, Pragmatic Type: Adaptive, Excelling, Driven, and Image-Conscious
- Threes are self-assured, attractive, and charming. Ambitious, competent, and energetic, they can also be status-conscious and highly driven for advancement. They are diplomatic and poised, but can also be overly concerned with their image and what others think of them. They typically have problems with workaholicism and competitiveness. At their Best: self-accepting, authentic, everything they seem to be—role models who inspire others.

TYPE 4 - THE INDIVIDUALIST

- The Sensitive, Withdrawn Type: Expressive, Dramatic, Self-Absorbed, and Temperamental
- Fours are self-aware, sensitive, and reserved. They are emotionally honest, creative, and personal, but can also be moody and self-conscious. Withholding themselves from others due to feeling vulnerable and defective, they can also feel disdainful and exempt from ordinary ways of living. They typically have problems with melancholy, self-indulgence, and self-pity. At their Best: inspired and highly creative, they are able to renew themselves and transform their experiences.

TYPE 5 - THE INVESTIGATOR

- The Intense, Cerebral Type: Perceptive, Innovative, Secretive, and Isolated
- Fives are alert, insightful, and curious. They are able to concentrate and focus on developing complex ideas and skills. Independent, innovative, and inventive, they can also become preoccupied with their thoughts and imaginary constructs. They become detached, yet high-strung and intense. They typically have problems with eccentricity, nihilism, and isolation. At their Best: visionary pioneers, often ahead of their time, and able to see the world in an entirely new way.



TYPE 6 - THE LOYALIST

- The Committed, Security-Oriented Type: Engaging, Responsible, Anxious, and Suspicious
- The committed, security-oriented type. Sixes are reliable, hard-working, responsible, and trustworthy. Excellent "troubleshooters," they foresee problems and foster cooperation, but can also become defensive, evasive, and anxious—running on stress while complaining about it. They can be cautious and indecisive, but also reactive, defiant and rebellious. They typically have problems with self-doubt and suspicion. At their Best: internally stable and self-reliant, courageously championing themselves and others.

TYPE 7 - THE ENTHUSIAST

- The Busy, Fun-Loving Type: Spontaneous, Versatile, Distractible, and Scattered
- Sevens are extroverted, optimistic, versatile, and spontaneous. Playful, high-spirited, and practical, they can also misapply their many talents, becoming over-extended, scattered, and undisciplined. They constantly seek new and exciting experiences, but can become distracted and exhausted by staying on the go. They typically have problems with impatience and impulsiveness. At their Best: they focus their talents on worthwhile goals, becoming appreciative, joyous, and satisfied.

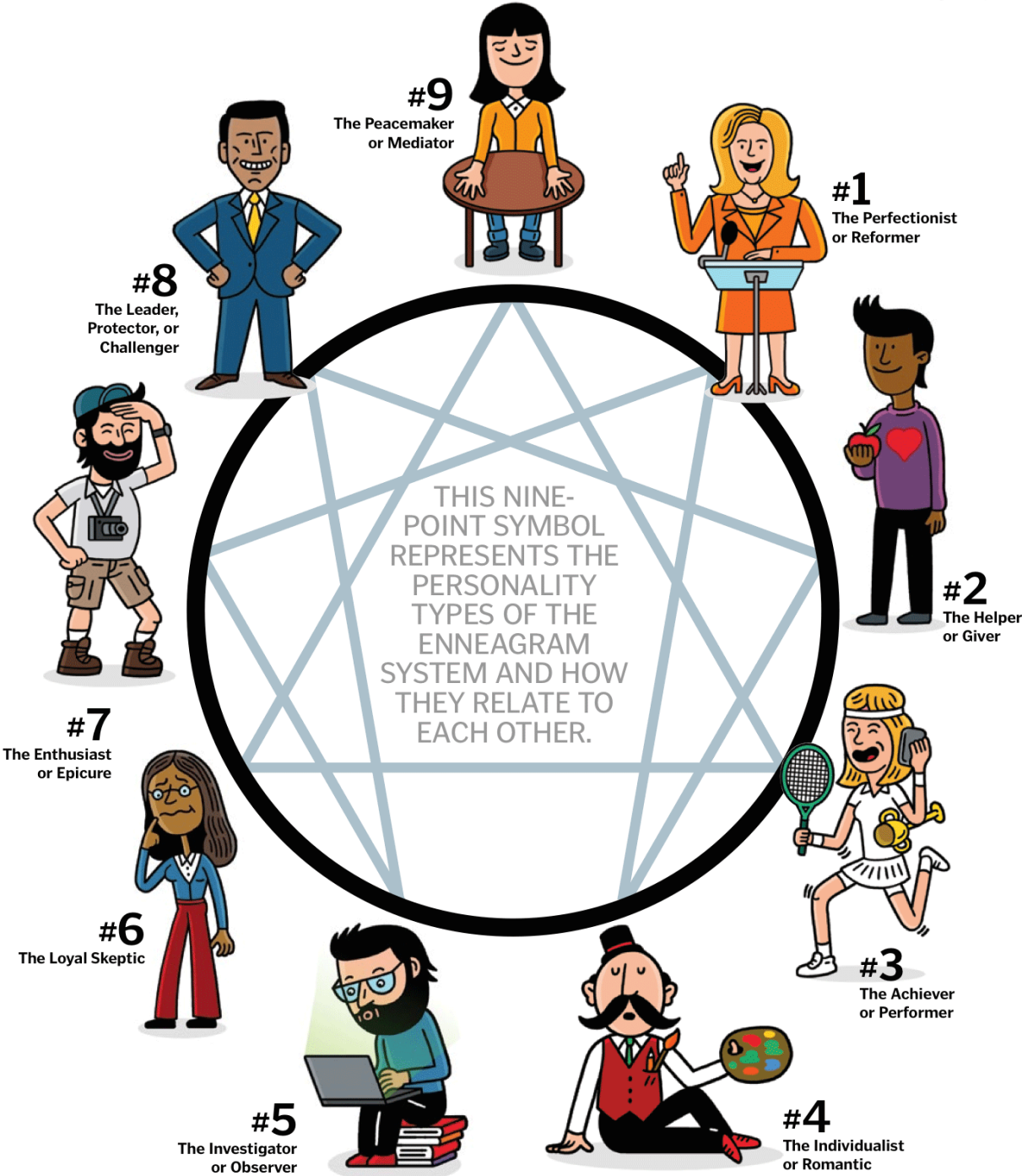
TYPE 8 - THE CHALLENGER

- The Powerful, Dominating Type: Self-Confident, Decisive, Willful, and Confrontational
- but can also be ego-centric and domineering. Eights feel they must control their environment, especially people, sometimes becoming confrontational and intimidating. Eights typically have problems with their tempers and with allowing themselves to be vulnerable. At their Best: self-mastering, they use their strength to improve others' lives, becoming heroic, magnanimous, and inspiring.

TYPE 9 - THE PEACEMAKER

- The Easygoing, Self-Effacing Type: Receptive, Reassuring, Agreeable, and Complacent
- Nines are accepting, trusting, and stable. They are usually creative, optimistic, and supportive, but can also be too willing to go along with others to keep the peace. They want everything to go smoothly and be without conflict, but they can also tend to be complacent, simplifying problems and minimizing anything upsetting. They typically have problems with inertia and stubbornness. At their Best: indomitable and all-embracing, they are able to bring people together and heal conflicts.

EXPERIENCE LIFE





ENNEAGRAM COMMITTEE SELECTION ICE-BREAKER GAME

If you have someone at your committee meeting who isn't sure where they best fit it, make it an interactive and fun experience to help them choose.

Have 9 jars labeled 1-9. Each jar is associated with that Enneagram type. In front of the jar, write a brief description of that Enneagram number. Print the 3 options below sectioned out by Enneagram type and cut them into 3 strips. Add those 3 strips into their associated jars and let your committee members select their position!

Enneagram 1
Event Chair
Assistant Event Chair
PR & Marketing Committee Chair/Member
Enneagram 2
Auction Committee Chair/Member
Venue/Logistics Committee Chair/Member
Decor Committee Chair/Member
Enneagram 3
Event Chair
Sponsorship Committee Chair/Member
Auction Chair/Member
Enneagram 4
Culinary/Beverages Chair/Member
Entertainment Chair/Member
Venue/Logistics Chair/Member

Enneagram 5
Event Chair
Registration Chair
Venue/Logistics Chair/Member
Enneagram 6
Auction Committee Chair/Member
PR & Marketing Committee Chair/Member
Volunteers Committee Chair
Enneagram 7
Entertainment Committee Chair/Member
PR & Marketing Committee Chair/Member
Volunteers Committee Chair/Member
Enneagram 8
Event Chair
Auction Committee Chair/Member
Honorary Committee Chair/Member
Enneagram 9
Auction Committee Chair/Member
Honorary Committee Chair/Member
Venue/Logistics Chair/Member